

## Reflection

carefully thinking about my work, myself, and my world in a way that leads to positive change or revision

## Empathy

understanding another person's experiences, perspective, and emotions

## Exploration

taking risks in my thinking about familiar and/or unfamiliar ideas by asking questions, researching, and seeking understanding in order to expand my learning

## Our Habits of Heart and Mind

## PERSEVERANCE

working towards a goal and not giving up

## Collaboration

working effectively with others, providing support, and accepting that someone else may have an idea that better serves the project or group

## Flexibility

being willing to change my attitude and/or thinking based on different situations, problems, or settings