

Reflection

carefully thinking about my work, myself, and my world in a way that leads to positive change or revision

Empathy

understanding another person's experiences, perspective, and emotions

Exploration

taking risks in my thinking about familiar and/or unfamiliar ideas by asking questions, researching, and seeking understanding in order to expand my learning

D.V.I.A. Habits of Heart and Mind

PERSEVERANCE

working towards a goal and not giving up

Collaboration

working effectively with others, providing support, and accepting that someone else may have an idea that better serves the project or group

FLEXIBILITY

being willing to change my attitude and/or thinking based on different situations, problems, or settings