

A-B-C Worksheet

Antecedent

Understand, then *Modify*

Ex: Pre-dinner hour
Classwork not done yet
Spelling test tomorrow
Child hungry, parent stressed
Dog won't stop barking

Modify:

Behavior

Describe, then *Teach*

Child rips up spelling words,
throws pieces at dog

Teach:

Consequence

Examine natural/imposed
consequences, then *Change*
in desired direction

? Parent yells
? Child fails spelling test
? Everyone goes to bed angry

Does the consequence increase or
decrease the chance of that behavior
re-occurring?