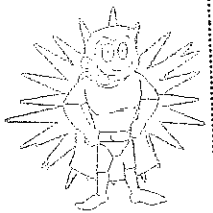




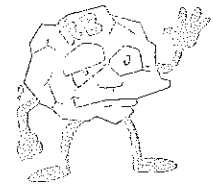


FUNWORK, LESSON #3

With members of your family, pick two *Superflexible* behaviors to role-play. You can make up your own scene or use one that you have already learned about today. Decide who in the group will play what role and what the *Superflexible* strategy will be. Also, after you role-play the scene, write down how others felt in the scene when they were around someone who was having a **Rock Brain**[®] moment versus a *Superflexible* moment.

	<i>Superflexible</i> Behavior	<i>Superflexible</i> Moment	<i>Superflex</i> Strategy	How did others around him/her feel?	Rock Brain Moment	How did others around him/her feel?
1						
2						

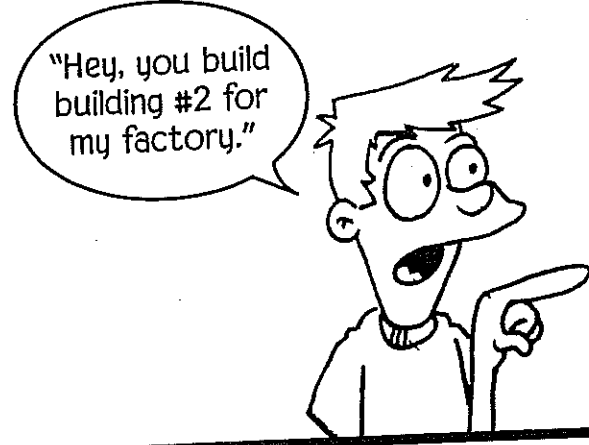
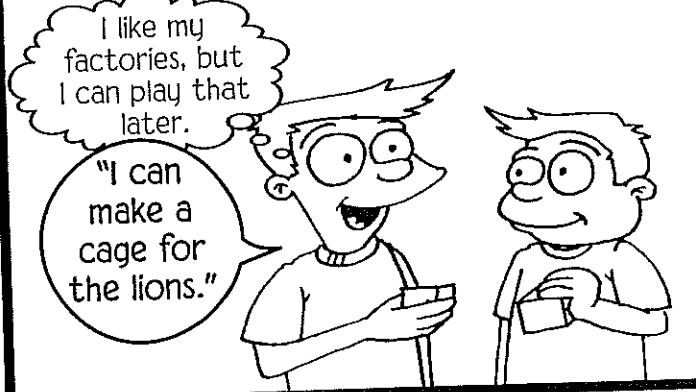
Superflexible Behaviors

- ⊙ Thinking about others (someone else's point of view) and expected behaviors.
- ⊙ Being able to STOP what you want to do and adjust to what is required of you.
- ⊙ During play, changing your thinking to match what others are thinking to stay connected and to keep others feeling good.
- ⊙ Shifting and adjusting your thinking to keep others sharing their ideas and having a good time.
- ⊙ Being able to stop and look at a problem and the variety of choices that one can use to solve the problem.
- ⊙ Thinking about the hidden rules and expectations in different environments.

Appendix D

Social Scenes-Lesson #3

3. Superflexible Behavior: During play, shift and adjust thinking to match what others are thinking; helping you stay connected.



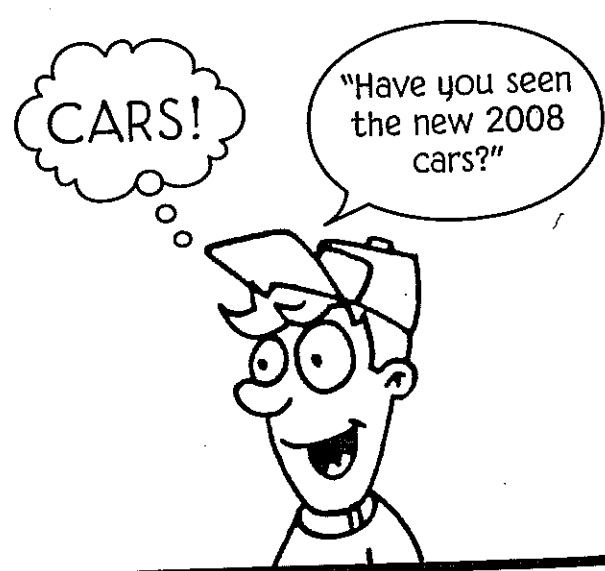
Superflexible Moment: A. The children are creating a zoo with blocks. One child sees that one boy is making cages for the tigers. He replies, "I can make the cage for the lions."

Superflexible Strategy: Child "thinks with his eyes" to figure out the plan and then adds his thoughts.

Another Superflexible Strategy: Child thinks to himself, "I really like my factories but I need to think about what others want to play. I can build my factories later."

Rock Brain Moment: B. The child is very interested in factories and insists that the others build a part to his factory.

4. Superflexible Behavior: Shifting and adjusting our thinking to keep others sharing their ideas and having a good time.



Superflexible Moment: A. Child listens to what the other students are talking about and asks another child a question related to the topic.

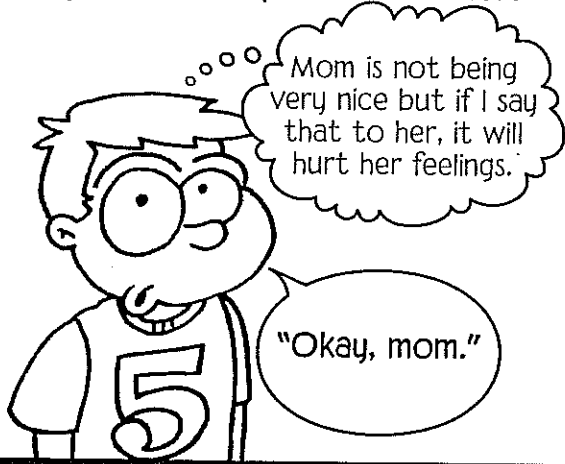
Superflexible Strategy: Child listens with his whole body to figure out the topic and then adds a thought or asks a question (social wondering).

Rock Brain Moments: B. Child continues to bring up his favorite topic of cars even though the group is trying to talk about something different.

Appendix D

Social Scenes-Lesson #3

1. Superflexible Behavior: Thinking about others (what someone else is thinking and feeling) and the expected behaviors.

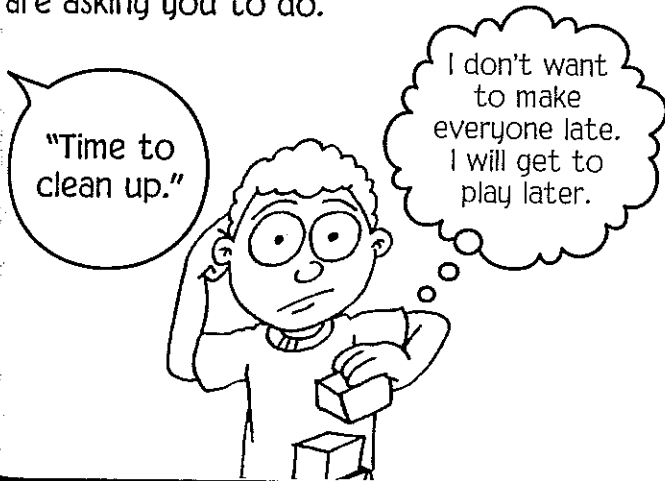


Superflexible Moment: A. Child keeps his hurtful thoughts in his brain and says, "Okay" when his mother asks him to come in for dinner.

Superflexible Strategy: Child thinks about how his words may hurt mom's feelings.

Rock Brain Moment: B. Child blurts out that his mom is mean and never lets him play with his friends, and he continues to play.

2. Superflexible Behavior: Being able to STOP what you are doing and follow what others are asking you to do.



Superflexible Moment: A. Child picks up his blocks as soon as he hears the teacher say, "It is time to clean up."

Superflexible Strategy: Child thinks about how others may be late to lunch, how frustrated his teacher may feel if he continues to play and that he may get to play blocks tomorrow.

Rock Brain Moment: B. Child continues to play even though he knows it is time to go to lunch.